



Year 4 - Spring 1 - PSHE Knowledge Organiser



What I already know...

- How to identify a dream/ambition that is important
- How to work out the best way for me to achieve new learning challenges
- How to recognise obstacles which hinder my achievement and take steps to overcome them

What I will learn...

- To tell someone about some of my hopes and dreams
- To understand that sometimes hope and dreams do not come true and that this can hurt
- To know that reflecting on positive and happy experiences can help me counteract disappointment
- To know how to make a new plan and set new goals even if I have been disappointed
- To know how to work out the steps to take to achieve a goal, and how to do this successfully as part of a group
- To identify the contributions made by myself and others to a group's achievement

Key Vocabulary

dream	a goal that is longed for
hope	to want something to happen or be true
goal	the end toward which effort is directed
determination	firm or fixed intention to achieve a desired end
resilience	an ability to recover from or adjust easily to misfortune or change
perseverance	continued effort to do or achieve something despite difficulties, failure, or opposition
self belief	a person's belief in their ability to complete tasks and to achieve their goals
motivation	a reason or reasons for acting or behaving in a particular way
cooperation	the action or process of working together to the same end.
team work	the combined action of a group, especially when effective and efficient.

Making a difference at The Merton and beyond

In this unit, we help children to know how it feels to have hopes and dreams as well as how disappointment feels and how to cope with their own and others' disappointment now and in the future.

Additionally, children will know what it means to be resilient and have a positive attitude in all aspects of life and learning and will learn the important skill of team work and cooperation and how to share in the successes of a group.

PSHE skills:

Disciplinary Knowledge:

PSHE skills I will learn...

- Cooperation, teamwork and how to work well as a group
- Resilience, self-belief and the importance of hopes and dreams.